

2025 NSW  
**SENIORS**  
FESTIVAL

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**Brought to you by**

**3-7 March 2025**



Goulburn Mulwaree Council's  
Partnered  
**PROGRAM**

*Time to Shine*

For further details call Kim on  
4823 4498



## MONDAY Mar 3

### 11am - 1pm Official Opening 2025 NSW Seniors Festival

Cost: FREE

'Time to Shine' and Active Aging Expo

Goulburn Mulwaree Council in partnership with Goulburn Workers Club presents the Opening Ceremony of Seniors Festival 2025. The ceremony will include a guest speaker address and presentation of the 2025 Senior of the Year and Community Group of the Year awards.

Includes: light refreshments to follow and the Active Aging Expo.

Venue: Goulburn Workers Club Auditorium

For further information contact Goulburn Community Centre 4823 4498

## TUESDAY Mar 4

### 11am Seniors Luncheon & Baby Boomers Show

11:00am (Doors open) Show starts 11:30am

Cost: FREE (Must book tickets)

Join us at the Goulburn Workers Club for a delicious 2 course lunch and Baby Boomers Live Comedy, Music Legends Tribute (and more) Show.

It will be an event not to be missed!

Includes: Show & lunch

Tickets available at Goulburn Workers Club Reception from 21 Jan (limit 2 per person).

Venue: Goulburn Workers Auditorium

For further information contact Goulburn Workers Club 4821 3355

## WEDNESDAY Mar 5

### From 6am Aquatic & Leisure Centre Free Entry & Activities

Cost FREE - Must register for activities.

Join us at the Goulburn Aquatic & Leisure Centre for a special Seniors Day. There'll be something for everyone.

Come along & enjoy:

- free entry all day for Seniors
- free 9am Aqua Aerobics class with morning tea to follow
- free 1-2pm Seniors 'Splash & Swim' session. Have great fun and build confidence as qualified swim instructors lead you through basic swimming skills.

Venue: Goulburn Aquatic & Leisure Centre, 85 Deccan Street Goulburn

For further information contact Goulburn Aquatic & Leisure Centre 4823 4834

## THURSDAY Mar 6

### 11am - 2pm 'Dying to Know' Information Expo

Cost: FREE & back by popular demand following last year's informative inaugural event.

Do you have end-of-life questions or just want to know more about being better prepared? Come along and connect with local businesses and speak to those in the know. This will be a great opportunity to speak with Funeral Directors, Solicitors, Palliative Care workers and others in the field.

It won't all be doom and gloom so come along and have a chat!

Includes: light refreshments

Venue: Goulburn Community Centre, 155 Auburn Street Goulburn

For further information contact Goulburn Community Centre 4823 4498

## FRIDAY Mar 7

### 11am Royal Australian Navy Band Performance - GPAC

Cost: FREE

Celebrate Seniors Week with a spectacular free concert.

This special event showcases two of the RAN's premier ensembles in a musical experience that promises to be unforgettable. Together, the RAN Sydney Wind Band & RAN Sydney Big Band, accompanied by exceptional vocalists, will present a truly dynamic show.

With a century-long tradition, the RAN Band will bring an extraordinary celebration of remarkable talent and cherished music to Seniors Week. Don't miss this chance to enjoy a morning like no other.

Venue: Goulburn Performing Arts Centre (GPAC)

For further information contact GPAC 4823 4999 or 4823 4871